

Swim England County Team Championships

Libby Freeman competed for Northumberland and Durham at the Swim England National Inter County Championships. Swimmers are selected by N&D for this competition and compete for N&D against other counties for points (like Junior League on a bigger scale). Libby swam well gaining two PB's from her two swim 50 Backstroke (leading off the Girls 12/13 years relay) and 100 Backstroke. More importantly Libby gained valuable, experience of travelling away to competition staying overnight without her own club mates and coaches. A daunting experience for an 11 year old which she handled brilliantly. The N&D team finished 8th while Yorkshire won for the third consecutive year.

Durham Medley

Almost 40 Morpeth swimmers from C1, C1 +, JP, C2 and P competed at the Durham Medley Meet. This competition has a unique format where swimmers compete in all 4 strokes with the aim of qualifying for either 100 or 200 IM final (age dependent). Morpeth had a very successful day with every swimmer swimming Personal Best times. Morpeth had 16 swimmers who made it to their respective IM finals. Final placing:

9 Year Old Boys

Liam Hunter – 1st

Jacob Bensely – 2nd

10 Year Old Girls

Gabi Freeman – 1st

10 Year Old Boys

Jacob Light – 1st

11 Year Old Girls

Kate Kennedy – 1st

11 Year Old Boys

Sam Livingstone – 4th

12 Year Old Girls

Jessie Swinney – 3rd

12 Year Old Boys

Angus Cummings – 1st

14 Year Old Girls

Rosie Smith – 1st

Niamh Atchison – 2nd

14 Year Old Boys

Dominic Anderson – 3rd

15 Years & Over Girls

Katherine Mooney – 4th

15 Years & Over Boys

Ross Charlton – 4th

An excellent effort at the end of the day

Sam Tate, Richard Butterworth and Daisy Cunningham also made finals. All 3 swam well but were unfortunately disqualified for small errors.

Morpeth also successfully won the cannon at the end of a very long day.
Full Results are on the notice board.

Chester Le Street Junior Meet

Swimmers from Junior Performance and Performance competed at the Chester Le Street Junior Meet. With a number of bigger clubs in attendance it was fast competition. Morpeth Swimmers competed well in all events including the 800 & 1500 Freestyle on Friday evening. A number of swimmers competed in new events which as great to see. Swimmers should be entering a wide variety of events aged 14 + Under to develop as all round swimmers. I would like to see this continue in the New Year.

There were a number of N&D and NER times recorded and overall the team won 17 Gold, 10 Silver and 10 Bronze. Full Results are on the notice board.

Swimmer of month – October 2018

Well done to the following swimmers who were nominated by the coaching team as swimmer of the month for their respective squads:

Minnows – Lucy Todd – “for great attitude and lengthening strokes”

SD1 – Maisie Bone – “for listening well and showing big improvements in underwater skills”

SD2 – Annabel Burns – “for engaging well with sessions and persistence”

C1 & C1 + - George Tweedie – “for focus and adjusting to our training style and understanding training, performing long effortless strokes’

C2 – Ross Charlton – “for huge improvement in maturity and approach to training since summer’

JP – Alina Devlin – “for great attendance at AM & PM sessions, working hard, listening and settling in JP well”

P – Gabi Freeman – ‘for excellent results at Durham & Chester le Street after adjusting well to new training style, set up and coaching team”

Sen – Alice Hudson – “for good attendance, work ethic and contribution to sessions since joining seniors”

Team Manager Course – Level 1

Was well attended by Morpeth – Becki, Terry, Lindsay, Michelle, Mal and Andrea attended. Dawn Peart delivered the course which was excellent. The club will be looking into a Level 2 Team Manager Course.

Northumberland Hub

Will continue at Sunderland until it closes (no date for this). We have 3 sessions coming up 17th November, 22nd December and 29th December.

Land Training

Swimmers can now access the dance studio from approx 5:40am on Monday, Wednesday, Friday and Saturday AM (6:40am). This is not compulsory and responsibility falls with athletes to turn up to this. Athletes must however wait for Becki or Jenny before entering the dance studio. Further update on land training asap.

Mornings

Have been very well attended overall. Well done to all the swimmers who have made the effort to attend week day mornings, keep it up!

Squad Movements

Will take place following various competitions/test sets in November/December. Swimmers will start new squads from January 2019.

Parent Meetings

The dates and times have been circulated via email

Club Trials

Sunday 18th November & Friday 23rd November. Swimmers need to book via Becki.

In November.....

NER Championships

Free Long Course session – JP & C2

Club Championships

Club Trials – ‘trial’

Alnwick Gala