



## Morpeth ASC Competition

Events to enter at **Alnwick 25<sup>th</sup> November 2018**

Swimmers enter events at each competition as directed by the Head Coach (a spreadsheet will be sent out via email)  
Competitions are part of the squad structure and training programme in place at Morpeth ASC and directed by the Head Coach. Any entries submitted which do not match the Head Coaches direction may not be processed.

	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	50 Back	100 Back	200 Back	50 Brst	100 Brst	200 Brst	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
Xander Beveridge		X						X			X		X					
James Finch	X	X					X			X								
Sadie Charlton		X					X			X	X							
Amelia Lamb		X					X											
Eleanor Lamb		X					X											
Isobelle Henderson	X	X					X											
Ella Tilmouth	X	X					X											
Finn Tilmouth	X	X					X											
Lily Cross	X	X								X								
Theo Cousins							X			X	X							
Gracie Graham	X						X			X								
Dale Henderson	X	X					X			X								
Daragh Moody		X					X	X		X								
Rosie Heaton	X						X			X								
Ava Bremner	X						X			X								

**Closing date: 21<sup>st</sup> October 2018**

Entry for external competitions (with the exception of Junior league and Portobello) are made online <http://www.morpeth-asc.org.uk/html/galas.html>