

MIDDLESBROUGH ASC HALLOWEEN 2019 MEET

Saturday 19th & Sunday 20th October 2019

This event is licensed Level 2 by Swim England for entry into National, County and Regional Championships - (Swim England License to be confirmed) subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing

1. This Gala is to be held at The Neptune, Middlesbrough – 8 lanes, 25m pool with full Colorado electronic timing system. Swim-down pool will be in operation
2. Events will be 50m all strokes, 100m all strokes, 200m all strokes, 400m Freestyle, 800m Freestyle, 1500m Freestyle, 100m Individual Medley, 200m Individual Medley and 400m Individual Medley. All events will be Heat Declared Winners. 9 year olds are **NOT** permitted to swim either the 400 Freestyle, 800m Freestyle, 1500m Freestyle or 400 IM events. **The 800m & 1500m Freestyles are open to both Boys & Girls**
3. Ages as at **20th Oct 2019**
4. Entry fees are £6.00 per individual swim entry by file
5. Entries should be made using Sportsystems Entries Manager V2. Please apply to the meet secretary for a file set. E-mailed entries and mailed payment should be sent to the meet secretary by **27th September 2019**. Payment should be made to Middlesbrough ASC. Our preferred method of payment is by BACS transfer to Middlesbrough ASC Sort Code 05-06-01 Account Number 15711014
6. Entry times should be converted to 25m pool times by use of ASA Conversion Tables
7. Submitted entry times shall be used for seeding and rejection purposes as required
8. Refunds will only be given:
 - Where a competitor whose entry has been accepted, has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Meet Promoter
9. Once an entry has been submitted improved times will not be accepted
10. Accepted swimmer's details will be posted onto the MASC website as soon as possible after the closing date for the competition. It is the responsibility of each individual club to ensure that entries are correct and the Meet Secretary must be notified of any omissions or corrections no later than 48 hours prior to start of gala, as it may not be possible to make changes or include swimmers on the day of the gala
11. There will be no refund of entry fees for withdrawals unless the withdrawal is for medical reasons in which case an appropriate medical certificate must be provided
12. Should a swimmer withdraw from an event on medical grounds they will be removed from all other events
13. Withdrawals – Clubs are asked to notify details of any swimmer not competing by email to the Meet Secretary before 4pm on Friday 18th October for Saturday's events and 4pm on Saturday 19th October for Sunday's Events
14. Medals will be awarded to the top three in each individual age group
15. Poolside entries will be at the discretion of the Meet Secretary, these will be at £7.00 per swim
16. Over-the-top starts will be used during the meet. Secondary strobe starts will be available. Swimmers are requested to remain in the water until asked to leave the pool
17. Backstroke ledges will be available for relevant events
18. Swimmers will be permitted to compete for only one club during the meet

19. In order to run this gala a large number of licenced officials are required, if your club has any licenced officials willing to help please contact meetsecretary@middlesbroughasc.org.uk. Expenses will be paid at 45p per mile up to a maximum of £50 per day and lunch will be provided, for those attending two sessions per day.
20. Poolside passes cost £20.00 which includes programme, Buffet Lunch and results sheets. Coaches & Team Managers will not be permitted on poolside without the necessary pass. All swimmers must be supervised by a responsible person possessing a pass
21. Admission for spectators will be £6 per day. Children & Concessions £3 per day. Programme will be £2. Parking is free
22. Disability competitors
 - Swimmers with a disability shall swim under IPC Rules
 - Qualifying times for disability competitors are not required. However, entry times shall be submitted for the purpose of seeding the heats
 - Poolside passes, coaches' passes shall attract the advertised fee. All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures and hold a current DBS certificate
 - Competition format: The competition format will be based on disability inclusion within the able-bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times. Disability competitors will be included within the results for their age group
23. Any swimmer/team failing to comply with any of the foregoing conditions may not be allowed to compete in the Meet
24. All other matters regarding the running and administration of the Meet shall be at the discretion of the promoter or their agent(s).
25. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the marshals in time for the start of their race may not be allowed to compete
26. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management
27. Neither Middlesbrough ASC, the Neptune Centre nor Everyone Active can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (£1 refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside
28. Paper Entries which are not countersigned by an official from the swimmer's club will be returned
29. The Lead Referee for the meet is Ian McConville
30. The Referees decision is Final.
31. Any points not covered here will be at the discretion of the Promoter / meet organisers.
32. The Promoter reserves the right to refuse admission to any Competitor or Spectator

Meet Secretary

David Ross

43 Shandon Park, Marton, Middlesbrough. TS8 9XS

e-mail: meetsecretary@middlesbroughasc.org.uk

Meet Promoter

Joanne Morris

e-mail: galapromoter@middlesbroughasc.org.uk

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Individual Age Groups (Age as at 20 th October 2019)	9 years 13 years	10 years 14 years	11 years 15 years	12 years 16 years & over
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Order of Events

Saturday 19th October 2019

Session 1 **08:00am Warm Up 09:00am Start**

- 101. Girls 400m Freestyle (10 years & over)
- 102. Boys 50m Freestyle
- 103. Girls 50m Breaststroke
- 104. Boys 100m Butterfly
- 105. Girls 100m Freestyle
- 106. Boys 200m Backstroke
- 107. Girls 200m Individual Medley
- 108. Boys 200m Freestyle
- 109. Girls 200m Breaststroke

Session 2 **Warm Up & Start Time TBC**

- 201. Girls 100m Backstroke
- 202. Boys 50m Butterfly
- 203. Girls 200m Butterfly
- 204. Boys 400m Individual Medley (10 years & over)
- 205. Girls 100m Individual Medley
- 206. Boys 100m Breaststroke
- 207. Girls 50m Backstroke
- 208. Boys & Girls 1500M Freestyle (10 years & over)

Sunday 20th October 2019

Session 3 **08:00am Warm Up 09:00am Start**

- 301.Boys 400m Freestyle (10 years & over)
- 302.Girls 50m Freestyle
- 303.Boys 50m Breaststroke
- 304.Girls 100m Butterfly
- 305.Boys 100m Freestyle
- 306.Girls 200m Backstroke
- 307.Boys 200m Individual Medley
- 308.Girls 200m Freestyle
- 309.Boys 200m Breaststroke

Session 4 **Warm up & start time tbc**

- 401.Boys 100m Backstroke
- 402.Girls 50m Butterfly
- 403.Boys 200m Butterfly
- 404.Girls 400m Individual Medley (10 years & over)
- 405.Boys 100m Individual Medley
- 406.Girls 100m Breaststroke
- 407.Boys 50m Backstroke
- 408.Girls & Boys 800M Freestyle (10 years & over)

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LOWER QUALIFYING TIMES

Boys Qualifying Times

Stroke	9	10	11	12	13	14	15	16/ov
50m Freestyle	49.0	49.0	44.0	41.0	39.0	37.0	35.0	34.0
100m Freestyle	1.29.0	1.29.0	1.25.0	1.21.0	1.17.0	1.15.0	1.12.0	1.09.0
200m Freestyle	3.14.0	3.14.0	3.03.0	2.49.0	2.41.0	2.35.0	2.30.0	2.25.0
400m Freestyle		6.47.8	6.12.0	5.55.0	5.38.0	5.23.0	5.14.0	5.07.0
800m Freestyle		13.03.0	13.03.0	12.24.0	11.29.0	11.17.0	10.33.0	10.17.0
1500m Freestyle		24.44.0	24.44.0	22.20.0	21.16.0	20.19.0	19.37.0	19.07.0
50m Backstroke	57.0	57.0	52.0	49.0	46.0	44.0	42.0	39.0
100m Backstroke	1.39.5	1.39.5	1.37.0	1.33.0	1.27.0	1.24.0	1.22.0	1.19.0
200m Backstroke	3.34.7	3.34.7	3.26.0	3.17.0	3.07.0	2.57.0	2.51.0	2.47.0
50m Breaststroke	61.0	61.0	56.0	53.0	49.0	46.0	44.0	42.0
100m Breaststroke	1.52.0	1.52.0	1.49.0	1.44.0	1.39.0	1.34.0	1.30.0	1.28.0
200m Breaststroke	4.07.0	4.07.0	3.53.0	3.44.0	3.28.0	3.23.0	3.13.0	3.08.0
50m Butterfly	56.0	56.0	51.0	47.0	44.0	41.0	39.0	37.0
100m Butterfly	1.40.0	1.40.0	1.39.0	1.34.0	1.29.0	1.24.0	1.22.0	1.19.0
200m Butterfly	3.45.3	3.45.3	3.28.0	3.19.0	3.13.0	3.03.0	2.53.0	2.48.0
100m Individual Medley	1.43.6	1.43.6	1.39.0	1.34.0	1.29.0	1.24.0	1.22.0	1.19.0
200m Individual Medley	3.40.2	3.40.2	3.27.0	3.17.0	3.12.0	3.03.0	2.53.0	2.48.0
400m Individual Medley		7.51.6	7.11.0	6.47.0	6.32.0	6.10.0	5.58.0	5.52.0

Girls Qualifying Times

Stroke	9	10	11	12	13	14	15	16/ov
50m Freestyle	52.0	52.0	47.0	45.0	43.0	40.0	38.0	36.0
100m Freestyle	1.31.6	1.31.6	1.27.0	1.23.0	1.21.0	1.19.0	1.16.0	1.14.0
200m Freestyle	3.14.8	3.14.8	3.07.0	2.53.0	2.48.0	2.44.0	2.40.0	2.35.0
400m Freestyle		6.51.7	6.15.0	5.59.0	5.46.0	5.36.0	5.31.0	5.27.0
800m Freestyle		12.19.0	12.19.0	11.39.0	11.10.0	10.56.0	10.45.0	10.36.0
1500m Freestyle		24.38.0	24.38.0	23.18.0	22.20.0	21.38.0	19.56.0	19.26.0
50m Backstroke	57.0	57.0	52.0	49.0	47.0	44.0	41.0	40.0
100m Backstroke	1.42.5	1.42.5	1.35.0	1.32.0	1.29.0	1.27.0	1.24.0	1.22.0
200m Backstroke	3.36.7	3.36.7	3.26.0	3.17.0	3.07.0	2.59.0	2.56.0	2.53.0
50m Breaststroke	61.0	61.0	56.0	53.0	49.0	47.0	45.0	43.0
100m Breaststroke	1.56.5	1.56.5	1.49.0	1.44.0	1.39.0	1.35.0	1.33.0	1.31.0
200m Breaststroke	4.07.5	4.07.5	3.53.0	3.44.0	3.28.0	3.23.0	3.18.0	3.14.0
50m Butterfly	56.0	56.0	51.0	47.0	44.0	42.0	40.0	38.0
100m Butterfly	1.43.3	1.43.3	1.39.0	1.34.0	1.29.0	1.25.0	1.23.0	1.20.0
200m Butterfly	3.48.0	3.48.0	3.28.0	3.19.0	3.13.0	3.04.0	2.55.0	2.50.0
100m Individual Medley	1.43.8	1.43.8	1.39.0	1.34.0	1.29.0	1.25.0	1.23.0	1.20.0
200m Individual Medley	3.40.7	3.40.7	3.27.0	3.17.0	3.12.0	3.05.0	2.55.0	2.50.0
400m Individual Medley		7.51.3	7.11.0	6.47.0	6.26.0	6.12.0	6.00.0	5.54.0

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SUMMARY OF ENTRIES

Club: _____

Contact Name: _____

Address: _____

Contact Number: _____

Email Address: _____

			£
Male Entries	_____	@ £6.00	_____
Female Entries	_____	@ £6.00	_____
Poolside Passes	_____	@ £20.00	_____
	_____		_____
Total Entry Fee Enclosed			_____